**SAUNDERS HIGH SCHOOL**

**PHYSICAL EDUCATION POLICY AND PROCEDURES**

Physical Education is a required course. All students must complete a .5 credit each year of PE

(2 credits total) in order to graduate from any New York State Public High School.

**Attendance**

Attendance is essential in order to be successful in physical education. Students are responsible for making up missed classes.

* Legal absence: illness or documented absence (can be made up)
* Excused absence: school related function (does not need to be made up)

Students are expected to be on time for class. Lateness and absences will result in deductions from their grade. Students are allowed 3 make ups per quarter.

**Class Preparation**

Appropriate attire is to be worn for every PE class:

* Athletic sneakers- they must have laces which are tied for safety.
* Sweatpants, shorts or leggings (no belts, buttons, zippers or cargo material)
* Athletic t-shirts only (no tank tops or shirts that expose the mid-section)
* Students who wear jeans under their sweats will be marked unprepared for the class.

Students who are unprepared will not be allowed to participate and deductions will be made to their grade.

**Participation**

Participation and effort is an important component of physical education. A lack of effort and participation will result in deductions from their grade. If students have any concerns they are to see their teacher at the beginning of the period.

**Locker Room Policies**

* **A lock is required to secure belongings in the locker room during class.**
* **Any belongings left unlocked are the student’s responsibility and not the responsibility of the building, staff or administration.**

Students have access to the locker room (5) minutes in the beginning and (5) minutes at the end of the period. The locker room is locked during class and students will **NOT** have access to the locker room during class.

**General Rules**

* Food, candy, gum and juice are not allowed in the gym.
* No headwear, scarves or winter coats.
* All electronic devices and accessories are prohibited.

**Athletics**

Any students playing on a Saunders school team must be passing physical education to be eligible to play.

**Course Content**

Saunders physical education program offers a variety of activities. Some examples are: football, soccer, weight room, basketball, volleyball, floor hockey, team handball and track.

**Medical Excuses**

Any student who has a medical situation that prevents them from participating for an extended period of time must provide a written doctor’s note. A doctor’s note will also be required to resume physical activity. Alternate assignments will be given on a case by case basis.

**NOTES:**

* The PE Dept. has the right to make changes to the above at any time. Students will be given proper notice if changes are made.
* It is understood that the above information is distributed in student packets, communicated in your child’s class and at open house. If you have any questions, please contact your child’s PE teacher.